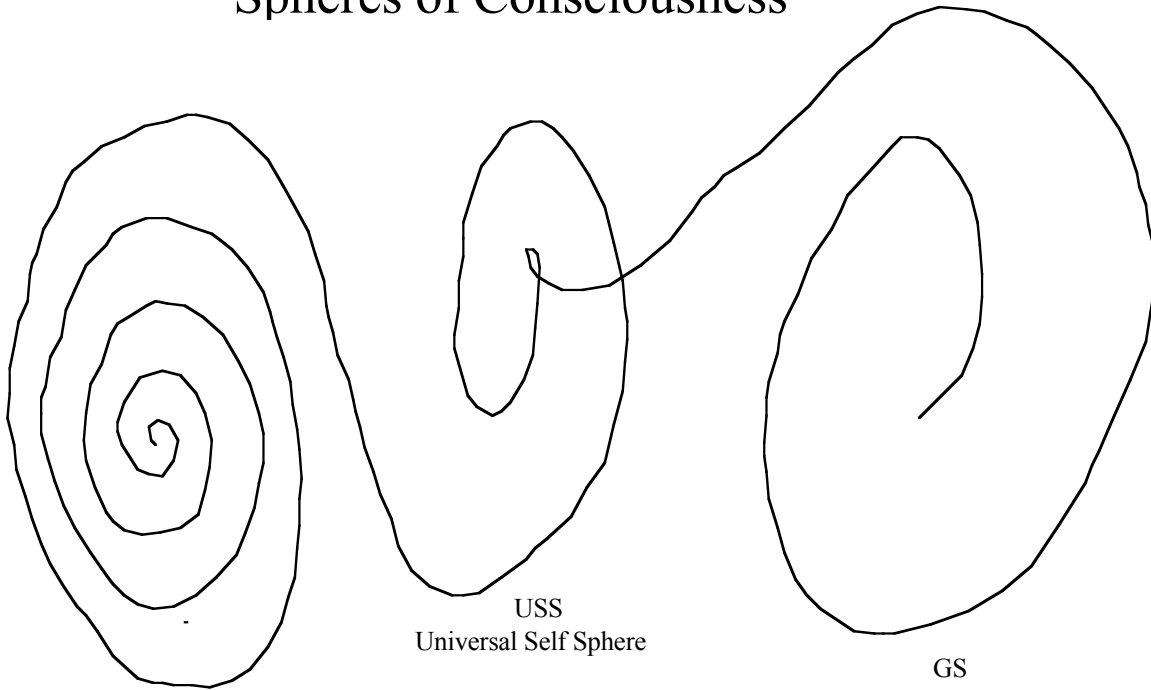


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Spheres of Consciousness



ISS
Individual Self Sphere

Duality
100/100

Mask
lower self
Here and now
Personality distortions
Limited ego capacity
Mistakes and errors
Standard therapy
Over-identification with personal needs.

USS
Universal Self Sphere

Unity and Duality
50/50

Lower Self
Negative Intentionality
Relaxed alertness
Spiritual calling
Requires developed ego
Expansion of the ego to include all your lives
Desire for true community
Involuntary rather than voluntary, like breathing.

Transition State

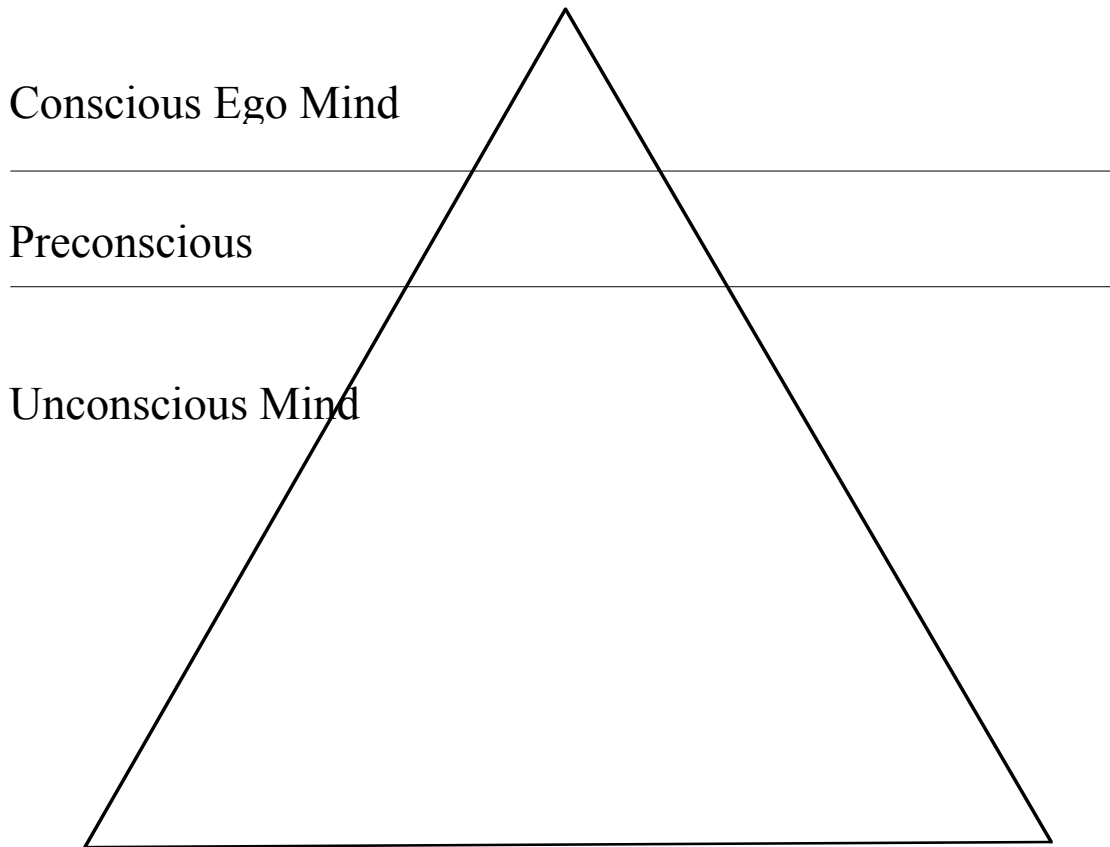
Requires a strong ego to ground the personality
Ego seen as a gift, bridge between the HS and LS.
Learn to work with ISS through the understanding of the USS

GS
God Sphere
Universal Sphere

Unity / 100

Oness
An understanding of the paradox of duality
No forcing current
No concern for the individual ego; sense of peace and safety without struggle.

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Lower Self

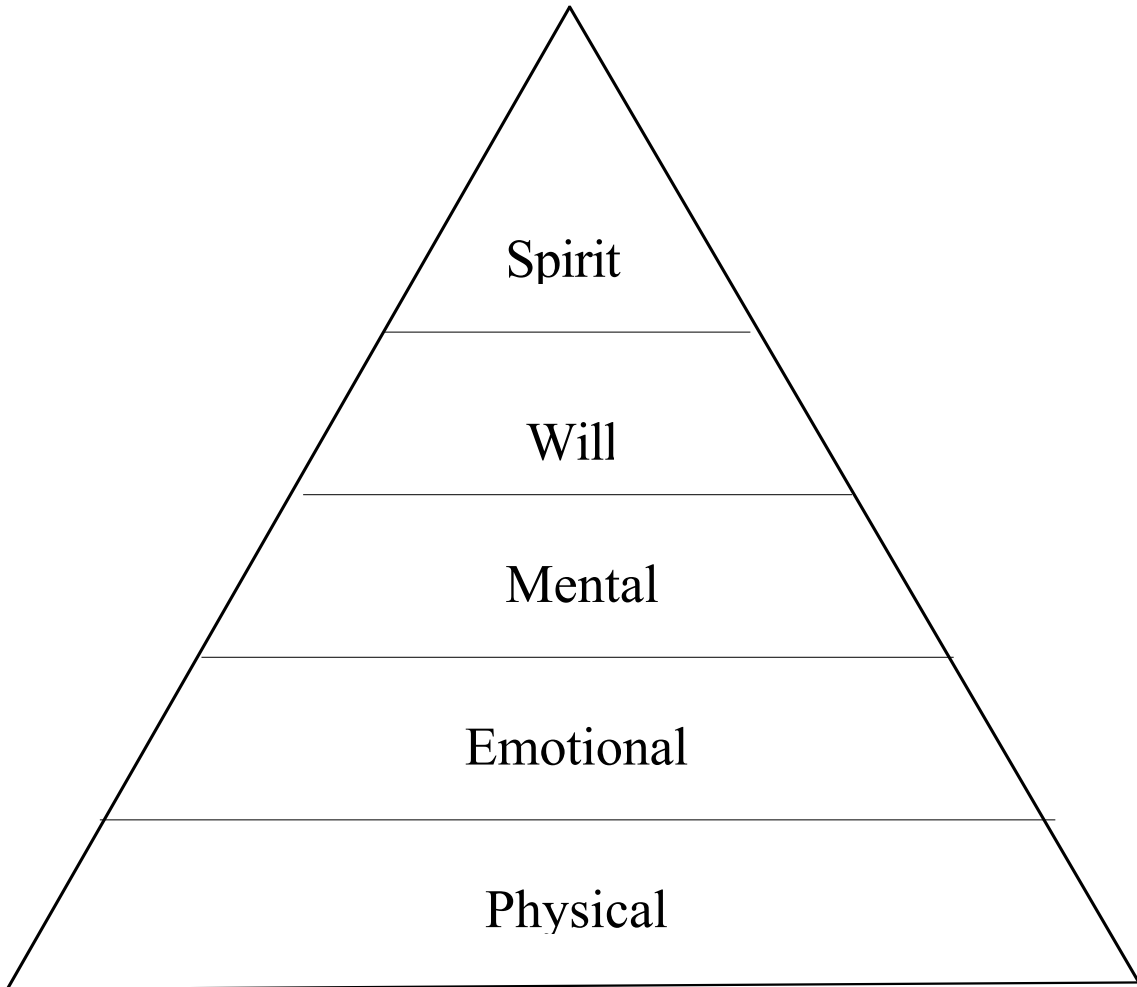
Divine Self

The task of self-development is to bring all unconscious aspects- of both Lower Self and of Divine Self- into consciousness

“The Universal Intelligence does not push itself on man unbidden.”

PRS #6

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Hierarchy of needs and human priorities