

# *Pathwork™ in Australia*

## **Pathwork Transformation Program Year Two Curriculum 2003**

### 1. Why Are We Here?

#### **Required Reading:**

Free Will (pgl 18)

Jesus Christ (pgl 19)

Salvation (pgl 22)

**Optional:** God: The Creation (pgl 20) The Fall (pgl 21)

### 2. Me vs. You: What Keeps Us Apart

#### **Required Reading:**

058 The Desire for Happiness and the Desire for Unhappiness

107 Three Aspects That Prevent Man from Loving

202 Psychic Interaction of Negativity

**Optional:** 138 Desire for and Fear of Closeness: meditation extract, 1 page

A Fiercer Sea: Chapter 4 from A General Theory of Love (Lewis, Amini, Lannon)

### 3. The Dance of Intimacy

#### **Required Reading:**

092 Repressed Needs, Relinquishing Blind Needs, Primary and Secondary Reactions

138 The Human Predicament of Desire For, and Fear of, Closeness

207 The Spiritual Meaning of Sexuality

Sex-Economic "Morality" : 2 page excerpt Wilhelm Reich's The Sexual Revolution

**Optional:** 072 Fear of Loving PRS16 Some Aspects of Love; The Clinical Foundation of the Sex-Economic Critique: Chapter 1 of Wilhelm Reich's The Sexual Revolution

Film: Better Than Sex (Australian 2000)

### 4. Bringing Spirit into both Relationship and Sexuality

#### **Required Reading:**

071 Reality and Illusion

101 The Defense

143 Unity and Duality

### 5. Our Templates for Relationship

#### **Required Reading:**

026 Finding Our Faults

073 The Compulsion to Recreate and Overcome Childhood Hurts

118 Duality Through Illusion: Transference

**Optional:** 085 Distortions of the Instincts of Self-Preservation and Procreation

086 Self Preservation and Procreation as Instincts in Conflict

Film: Magnolia

### 6. Relationship with God

#### **Required Reading:**

Group Counseling and Therapy (source and author unknown)

Emotional First Aid: A Crisis Handbook (Sean Haldane):

046 Authority

052 The God Image

211 Outer Events Reflect Self-Creation - Three Stages

**Optional:** 186 Venture in Mutuality, 2 pg edited as Preparation for Receiving the Force

213 Let Go, Let God AD6 Stages of Commitment, 4 pg edited

Film: Groundhog Day (US 1993)